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**Disclosures**

- Consultant, Advisory Board
  - Dyax
  - Shire
  - BioCryst
- Speaker
  - Dyax
  - Santarus
- Honorarium
  - Dyax
  - Shire
  - Santarus
  - BioCryst
- Research Grant
  - Shire
  - Pharming



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**Learning Objectives**

- **At the conclusion of this session, participants should be able to:**
  - Evaluate whether a patient with recurrent angioedema suffers from hereditary angioedema
  - Develop a treatment plan for patients with hereditary angioedema based on current consensus guidelines



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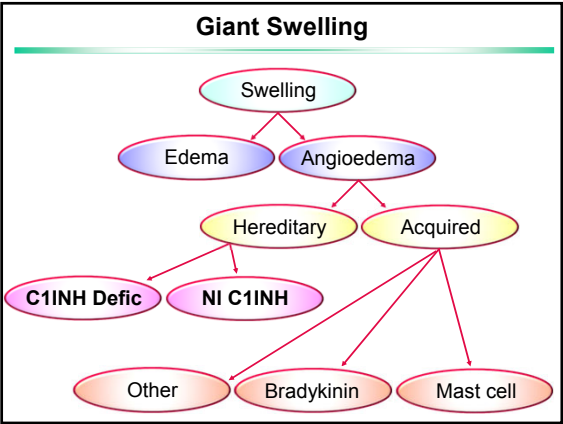
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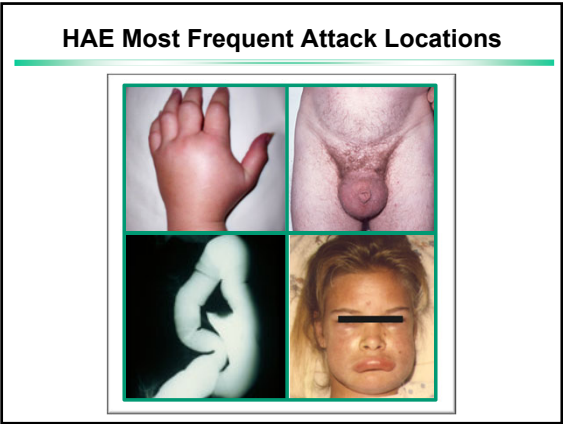
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### Diagnostic Clues for HAE

- Angioedema without urticaria
- Attacks may be preceded by prodromal symptoms
- Angioedema often quite severe
- Attacks are prolonged, typically 72-96 hrs
- Swelling is unresponsive to therapy with antihistamines, corticosteroids, or epinephrine
- Attacks may be precipitated by estrogens, trauma, or stress
- Family history of angioedema in most patients

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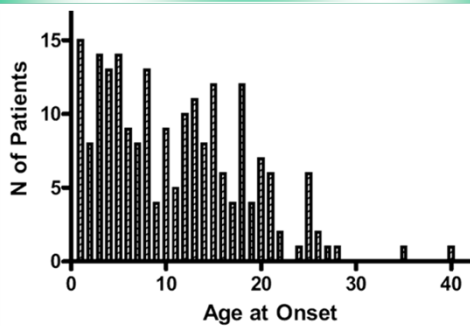
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### Age at Onset of HAE Attacks



Bork K, et al. *Am J Med.* 2006;119:267-274

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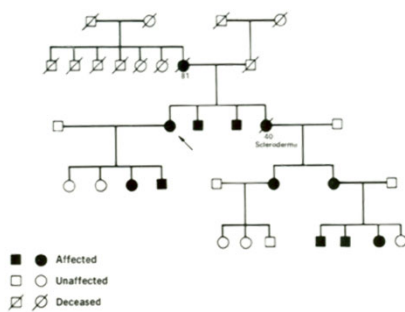
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### HAE is an Autosomal Dominant Disease



Frank, MM et al, *Annals Int. Med* 84:580, 1976

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### HAE Patients are Deficient in C1INH Function

*Levels of Serum Inhibitor of C1-INH Activity in HAE*

Source of Serum	#	C1-INH
Normal subjects	165	5.8 ± 1.8
Pts with HAE	12	0
Unaffected relatives	19	7.7 ± 1.4
Other angioedema	15	9.2 ± 2.6

Donaldson VH, Am. J. Med. 1963;35:37

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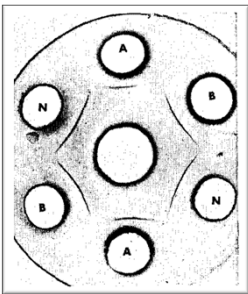
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### Hereditary Angioedema Two Genetic Variants



Rosen FS, Science 1965;148:957-8

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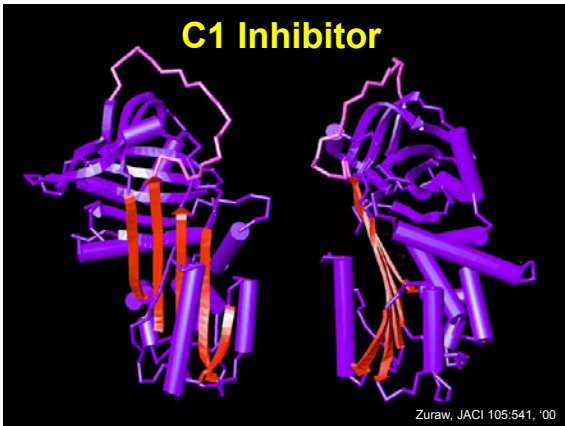
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### C1 Inhibitor



Zuraw, JACI 105:541, '00

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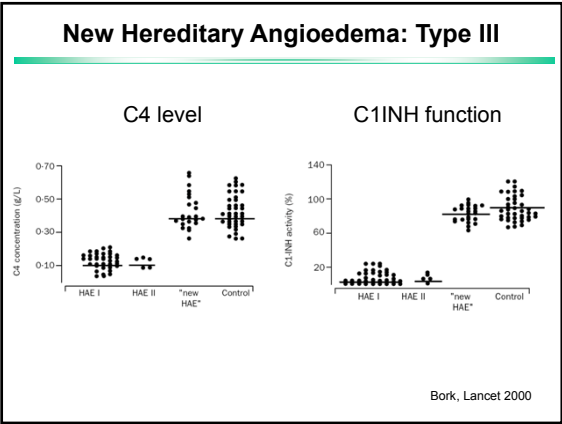
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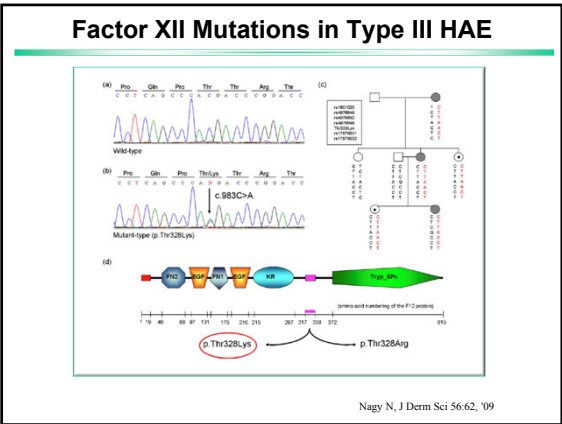
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### Complement Profile in Recurrent Angioedema

	C4 Level	C1-INH Level	C1-INH Function	C3 Level	C1q Level
HAE type I	Low	Low	Low	Normal	Normal
HAE type II	Low	Normal	Low	Normal	Normal
HAE type III	Normal	Normal	Normal	Normal	Normal
Acquired C1INH defic.	Low	Low	Low	Normal/Low	Low
ACE inhibitor	Normal	Normal	Normal	Normal	Normal
Idiopathic AE	Normal	Normal	Normal	Normal	Normal

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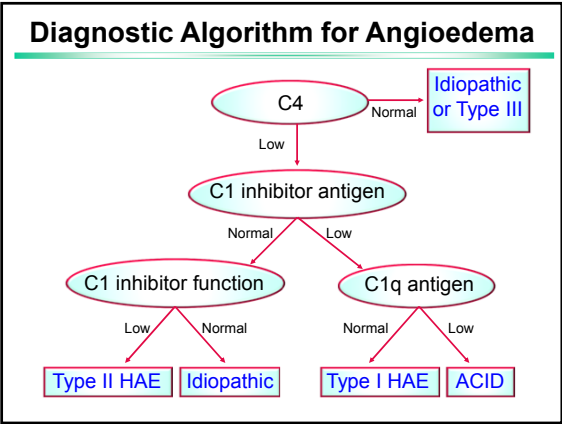
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**Potential Errors in Diagnosis of Type III**

- **Possible false positive**
  - Idiopathic angioedema, especially non-histaminergic, may also be difficult to treat
  - Other forms of angioedema may be hormonally effected
- **Possible false negative**
  - Not all pts are women, and not all women have a history of estrogen exacerbation
  - Only a relatively small minority of type III patients have a FXII mutation

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**Current Status of Diagnosis of Type III HAE**

- **Required**
  - Recurrent angioedema, not responsive to CS/AH/epi
  - Strong family history, but penetrance highly variable
  - C4, C1INH antigen and C1INH function all normal
- **Suggestive**
  - More likely to affect females, but males affected as well
  - Evidence of non-symptomatic obligate carriers
  - May be estrogen-dependent or assoc with FXII mutation
  - Age of onset tends to be later, mean age 26.8 years
  - Swelling more likely to involve face and extremities

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## HAE Therapy

### – On-demand treatment of acute attacks

- To abort an ongoing attack of angioedema such that it does not progress
- To prevent an angioedema attack from disrupting daily activities

### – Prophylactic treatment

- Short-term prophylaxis: to prevent an expected attack
- Long-term prophylaxis: to minimize the frequency and severity of recurrent attacks

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## Pre-2008 Treatment of HAE

Treatment of Acute Attacks	Long-Term Prophylaxis	Short-Term Prophylaxis
		
Nothing FFP (?)	Anabolic Androgens Antifibrinolytics	FFP Anabolic Androgens

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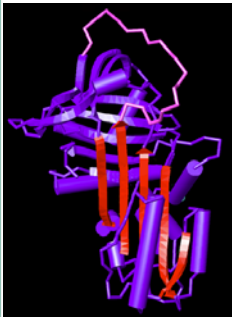
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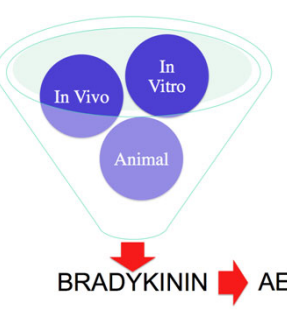
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## Revolution in Approach to HAE





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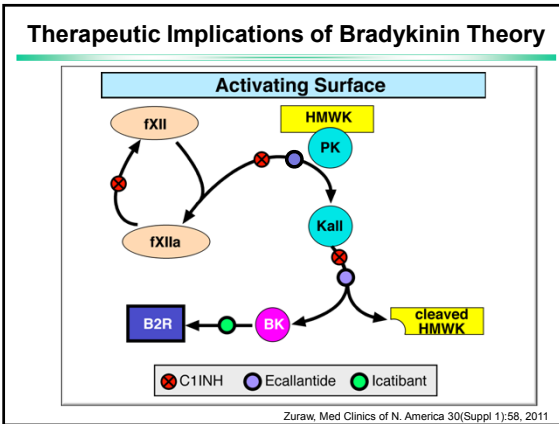
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- ### Changing Goals of HAE Therapy
- No longer merely to keep the patient alive and out of the hospital
  - Treatment should now aim to maximize patient health by:
    - Aborting acute attacks to prevent M&M
    - Minimizing significant side effects
    - Avoid disruption of normal life, esp. school, job, sleep

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**Hereditary Angioedema  
With C1 Inhibitor Deficiency  
Clinical Trials and Evidence Based Treatment**



**Palazzo Feltrinelli  
Gargnano del Garda (Brescia) - Italy  
26-29 September 2010**

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### International HAE Conference Consensus

- All HAE patients should have on-demand treatment available
  - Patients should be trained for self administration
  - Attacks at all locations are eligible for treatment
  - Attacks should be treated as soon as they are recognized
  - Hospitalize for progressing laryngeal involvement
- Long-term prophylaxis
  - Consider when optimized on-demand therapy fails
  - Androgens are contraindicated in patients who are:
    - ≤16 y/o
    - pregnant/breastfeeding
    - do not tolerate or accept androgens

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### HAEA Medical Advisory Board Guidelines

- Pts should have an individualized defined management plan in place and have ready access to their health care providers
- **Treatment of angioedema attacks**
  - Must have access to at least one specific effective on-demand drug
  - On-demand treatment may be most effective when administered early
  - All attacks, irrespective of location, should be considered for treatment
  - Patients with laryngeal, tongue or throat swelling should seek emergency medical care as soon as possible

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### HAEA Medical Advisory Board Guidelines

- **Prophylactic treatment**
  - Long-term prophylaxis is appropriate for pts who do not achieve sufficient benefit from on-demand therapy
  - Androgens should not be used if the pt does not tolerate them, in pts under the age of 16, or in pregnant/breastfeeding women. In addition, caution should be exercised if the dose exceeds danazol 200 mg/day
  - Pts on prophylaxis still require on-demand therapy be available
  - Prophylaxis should be used at the lowest effective dose that controls disease activity

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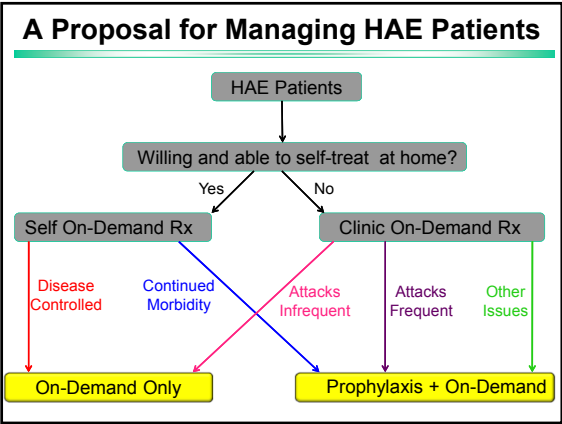
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**Conclusions**

- HAE is an uncommon but serious disease
  - Key to minimizing morbidity and mortality is early recognition
  - Type I and II HAE results from C1INH mutations, Dx is easy
  - Cause of Type III HAE remains uncertain; dx difficult
- Pre-2008 treatments were variably effective but clearly suboptimal
- Important novel therapies have been developed and consensus opinion about treatment strategies have emerged:
  - All patients with Type I/II HAE should have access to effective on-demand medications with a well delineated treatment plan
  - Prophylaxis is best reserved for patients in whom on-demand treatment is not sufficiently effective
  - The physician must minimize treatment side effects
  - Therapy needs to be tailored to individual needs of the pt

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